

**Worcester Chapter Spring Picnic**  
**Activities Schedule**

**Sunday, May 23<sup>rd</sup>, Hopkinton State Park**  
**The Fun Begins at 10 AM!**

***Helmets, Water Bottle and Spare Tube required for all bike rides. Please bring water for all hikes.***

**10:00 AM – 2:00 PM - Registration**

**10:15 AM prompt start – Intermediate Bike Ride.** 20-25 miles through Hopkinton and surrounding towns. Be prepared for hills and some beautiful views. Bring water, snack, repair kit. For safety's sake, rain cancels this ride. Intermediate pace (~ 13-15 mph) for strong riders. Please be at the parking lot, tires pumped, ready to roll at 10:15 in order to be back in time for lunch. L Sharon Foster CL Don Cunningham.

**10:30 AM – Whitehall Reservoir Bike Ride.** 10 miles of rolling hills around Whitehall Reservoir. A little shorter than the intermediate ride and at an easy pace (~10-12 mph) for average riders with solid experience. Short carpool from the park to start the ride. L Colleen McLaughlin CL Bill Zahavi

**10:30 AM - Water Safety and Boating Basics.** Come join us this morning for a skills session for both canoes and kayaks that will focus on basic paddle strokes, manuevers, and some safety topics. Bring your boats, and pfd's -rentals are also available. L Dave Cole CL Bob Desrosiers

**10:30 AM – Young Adult Members Mountain Bike Ride.** Take advantage of HSP's multi-use trails and check them out on your mountain bike. Plus, have a lot of fun with our YM group while you're at it! Be sure to bring your helmet, water bottle, spare tube and pump. L: Selby

**10:30 AM – Families Hike.** Explore the trails of Hopkinton State Park. Suitable for families with small children. L Barbara Dyer CL Nomi Monroe

**11:00 AM – Morning Hike.** Explore the trails of Hopkinton State Park. L Charlie Arsenault CL Gary Fitzgerald.

**11:30 AM - Family Fun.** Games, Races, Activities for kids of all ages. L Nomi Munroe

**12:30-1:45 PM - BBQ Lunch at the Pavilion.** Hamburgers, Hotdogs, Veggieburgers and soft drinks will be provided. Please bring a side dish or dessert to share. Chez Mike Jones, Maryanne Lane, Bill Zahavi

**1:30-3:00 PM – Kids Fishing Tournament** Bring you fishin' gear and favorite bait. Prizes and fun for a variety and sizes of fish! L: Captain Ahab Ciras

**2:00 PM - Families Paddle.** Please join us for a paddle around the resevoir. Young or ambitious paddlers may participate in a race! L Dave Cole CL Barbara Dyer

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**2:00 PM – Intermediate Bike Ride.** If you missed the morning ride, join the group for the afternoon ride! ~35 miles, intermediate pace (~ 13-15 mph) for strong riders. There will be hills! Bring helmet, water, snacks, spare tube, repair kit. Rain cancels. L Pat Lambert CL: Colleen McLaughlin.

**2:00 PM - Afternoon Hike.** Another opportunity to explore the trails of HSP if either you missed the morning hike or would like to hike again. L Mike Foley CL Dawn Foster

**2:00 PM – Intermediate Paddle.** A 2-hour paddle at HSP. Bring your own boat or rent one at the rental office. Meet at the boat area near the boat rental office. L Mary MacDonald CL Don Cunningham

**3:00 PM – Geocaching for Kids of All Ages.** Search for hidden treasure using a GPS unit right in the park. L John Grote CL Nomi Munroe

**3:00 PM - Apres Activity Jam Session.** Bring your instruments and raise your voices as our Chapter trio leads our members in a jumpin' jam session at the gazebo! L's: Dave Laska, Barbara Jansen, Bill Zahavi.

**All Day: Frisbees, Balls, etc. available for use. Swimming if warm enough. Boats available for rent or bring your own.**