

Appalachian Mountain Club Worcester Chapter

Winter Hiking Workshop

Saturday, November 4, 2017 9:00AM

UMass Medical Campus, Aaron Lazare Building, Blais Pavilion



Do you get bored indoors in the winter with nothing to do? Are you a three season hiker wondering what winter hiking would be like?

The outdoors is calling! Come to our Winter Hiking Workshop!

Experienced AMC winter hiking leaders will provide information about hike preparation, proper clothing and gear, nutrition and hydration requirements, winter conditioning, and other essential knowledge and techniques to prepare you for a winter outdoors. Leaders will also be available to discuss/demo a variety of clothing and gear for local and above treeline hiking and share everything they love about hiking in the winter.

A series of graduated winter hikes from December through February will be offered to workshop attendees.

AMC members \$5 | non-members \$10

Registration required, send email to: hiking@AMCWorcester.org

Light refreshments will be served.